

2024

A/B MEET

January 12th - 14th

**at the
ETOBICOKE OLYMPIUM**

Hosted by



2024 AB Meet - 2024-01-12 to 2024-01-14
Meet Program - SAT 13&O GIRLS "B" - SHALLOW

Event 5 Women 13 & Over 200 SC Meter IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 4 Finals Starts at 05:00 PM				
1				—
2				—
3	Schwertfeger, Liv	13	LSC	2:46.25
4	Vorobieva, Dasha	14	ESWIM	2:44.54
5	Provato, Bella	14	LSC	2:45.62
6	Leung, Alexia	13	ESWIM	2:46.67
7				—
8				—
Heat 2 of 4 Finals Starts at 05:04 PM				
1	Smith, Natalie	13	LSC	2:44.15
2	Garcia, Chloe Madison	13	RAMAC	2:39.55
3	Cao, Caitlin	13	RAMAC	2:38.37
4	Li, Karen	13	RAMAC	2:36.94
5	Wieland, Elena	13	ESWIM	2:37.22
6	Frederiksen, Mia	17	LSC	2:38.60
7	Reed, Auralie	15	COBRA	2:39.74
8	Mitchell, Emily	14	STARS	2:44.34
Heat 3 of 4 Finals Starts at 05:07 PM				
1	Wang, Jolie	14	ESWIM	2:34.46
2	Fernandez Ayanegui, Marie	15	ESWIM	2:33.84
3	Peron, Amelia	15	COBRA	2:33.44
4	Er, Rosalie	14	ESWIM	2:33.01
5	Ginzburg, Leah	14	RAMAC	2:33.22
6	Luz, Luana-Lis	14	YORK	2:33.64
7	Bird, Lyudmila	18	RAMAC	2:34.22
8	Dietz, Annalisa	15	ESWIM	2:36.66
Heat 4 of 4 Finals Starts at 05:10 PM				
1	Grewal, Simrit	17	COBRA	2:28.87
2	Warkentin, Katherine	14	ESWIM	2:26.90
3	Luz, Maria-Fernanda	16	YORK	2:25.82
4	Er, Melissa	17	ESWIM	2:20.32
5	Ogneva, Ekaterina	17	RAMAC	2:21.50
6	Cooper, Isabella	14	LSC	2:26.42
7	Toews, Avery	16	ESWIM	2:27.09
8	Roszak, Sabrina	17	LSC	2:29.74

Event 105 Women 13 & Over 200 SC Meter IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 9 Finals Starts at 05:12 PM				
1				—
2				—
3	Kouniakias, Katerina	13	HAC	5:00.00
4	Thomas, Alice	13	HAC	4:00.00
5	Singaraja, Alyssa	15	ROW	4:23.82
6				—
7				—
8				—

Heat 2 of 9 Finals Starts at 05:18 PM

1	Lotimer, Naima	15	ROW	3:43.14
2	McMullan, Krystyna	17	LSC	3:36.59
3	Krajewski, Nyllah	13	HAC	3:31.91
4	Moulton, Clara	13	COBRA	3:27.16
5	Gabi-Ali, Gia	13	COBRA	3:27.65
6	Abghari, Parnia	14	ROW	3:34.82
7	Skadorova, Katya	13	CW	3:40.00
8	Gopaul, Cassia	14	ROW	3:53.45

Heat 3 of 9 Finals Starts at 05:22 PM

1	Tausky, Beth	14	ROW	3:25.65
2	Fonseca, Sofia	13	CW	3:19.67
3	Chira, Kylie	14	CW	3:17.81
4	Henry, Georgia	14	ESWIM	3:14.46
5	Park, Jimin	13	ROW	3:15.80
6	Lalonde, Ruby	15	ROW	3:19.03
7	Volpe, Fiona	13	COBRA	3:19.86
8	Baltaga, Annie	14	HAC	3:26.71

Heat 4 of 9 Finals Starts at 05:26 PM

1	Martinez, Sophia	13	ESWIM	3:11.74
2	Litt, Simar	13	COBRA	3:08.24
3	Purchase, Alexandra	13	COBRA	3:06.10
4	Correia, Linnea	16	LSC	3:04.99
5	Trani, Annalisa	14	COBRA	3:05.24
6	Garcia, Valentina	13	CW	3:06.68
7	Kuon, Ella	13	ESWIM	3:10.12
8	Logar, Katelyn	13	LSC	3:11.87

Heat 5 of 9 Finals Starts at 05:29 PM

1	Wong, Mikaela	13	GRAC	3:03.83
2	Rocha Widmer, Luisa	14	YORK	3:02.28
3	Elavarasan, Rhea	14	COBRA	3:00.89
4	Khangura, Amrita	14	COBRA	2:58.33
5	Phelps, Avery	14	TSC	3:00.76
6	Prieto, Lily	14	YORK	3:01.38
7	Smith, Miwa	14	LSC	3:03.48
8	Smith, Taylor	13	GRAC	3:04.37

Heat 6 of 9 Finals Starts at 05:33 PM

1	Monk, Ava	14	CW	2:55.90
2	Perez, Valentina	15	YORK	2:54.96
3	Cutruzzola, Marina	15	COBRA	2:54.70
4	Shulman, Ada	14	TSC	2:53.53
5	Bustria, Isabella	14	YORK	2:54.46
6	Liss, Hannah	14	LSC	2:54.85
7	Ellul, Marta	13	ESWIM	2:55.47
8	Wong, Olivia	13	LSC	2:56.31

Heat 7 of 9 Finals Starts at 05:36 PM

1	Dinglasan, Autumn	13	COBRA	2:52.97
2	Kulevskaya, Nataliya	14	CW	2:50.81
3	Lejeune, Zoe	13	LSC	2:50.72
4	Restrepo, Charlotte	15	LSC	2:50.43
5	Kissuk, Brooke	14	ESWIM	2:50.65
6	Grewal, Sachi	15	COBRA	2:50.81
7	Singh, Lila	13	RAMAC	2:52.24
8	Romulo, Ashley	15	COBRA	2:53.46

2024 AB Meet - 2024-01-12 to 2024-01-14
Meet Program - SAT 13&O GIRLS "B" - SHALLOW

Heat 8 Finals (#105 Women 13 & Over 200 SC Meter IM)

1	Kouri, Sofia	15	LSC	2:49.92	___
2	Gurfinkel, Gabriela	15	CW	2:49.11	___
3	Thompson, Nora	14	LSC	2:47.46	___
4					___
5	Petrov, Mila	15	ESWIM	2:46.53	___
6	Bisator, Alexandria	16	ESWIM	2:48.49	___
7	McDonald, Anita	13	LSC	2:49.45	___
8	Field, Clarice	14	LSC	2:50.17	___

Heat 9 of 9 Finals Starts at 05:42 PM

1	Peichl, Sofia	13	LSC	2:44.94	___
2	Kouri, Audrey	15	LSC	2:44.68	___
3	Sulstarova, Jona	15	ESWIM	2:40.43	___
4	Moulton, Grace	15	COBRA	2:39.71	___
5	Cornell, Isabella	16	LSC	2:39.74	___
6	Thai, Erin	14	ESWIM	2:43.25	___
7	Wu, Kalyn	14	CW	2:44.83	___
8	Nagengast, Madison	13	LSC	2:46.01	___

Event 107 Women 13 & Over 50 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Finals Starts at 05:46 PM

1					___
2	Gopaul, Cassia	14	ROW	55.57	___
3	Scherer, Taylor	13	ROW	51.02	___
4	Singaraja, Alyssa	15	ROW	48.84	___
5	Sheinman Orenstrakh, Sofia	13	HAC	49.50	___
6	Khan, Anisa	16	ROW	51.87	___
7					___
8					___

Heat 2 of 6 Finals Starts at 05:47 PM

1	Abghari, Parnia	14	ROW	47.06	___
2	Hui, Gabrielle	15	ROW	46.30	___
3	Markovic, Anna	14	ROW	44.19	___
4	Abramowitz, Eloise	14	ESWIM	42.22	___
5	Knowles, Kaelan	14	HAC	43.96	___
6	Outh, Sattaya Long	14	HAC	44.57	___
7	Nakanyike, Kaylyn	13	YORK	47.00	___
8	Schmeler, Emily	13	LSC	48.14	___

Heat 3 of 6 Finals Starts at 05:48 PM

1	Gronska, Natalia	13	LSC	41.39	___
2	Heinrichs, Addison	13	CW	40.54	___
3	Lobsinger, Dakota	14	ROW	38.86	___
4	Martinez, Sophia	13	ESWIM	38.49	___
5	Doucet, Rosa	14	CW	38.78	___
6	Lalonde, Ruby	15	ROW	40.47	___
7	Lotimer, Naima	15	ROW	40.91	___
8	Tausky, Beth	14	ROW	42.00	___

Heat 4 of 6 Finals Starts at 05:49 PM

1	Knights, Caitlyn	14	LSC	37.67	___
2	Gomis Flores, Anna	13	ROW	37.20	___
3	Rishor, Julia	16	TSC	36.49	___
4	Schmidt, Carly	14	CW	36.40	___
5	Ligata, Neira	15	COBRA	36.42	___
6	Scherer, Brooklyn	14	ROW	37.09	___
7	Smith, Miwa	14	LSC	37.65	___
8	Szymanski, Iza	13	STARS	37.77	___

Heat 5 of 6 Finals Starts at 05:50 PM

1	Zimmerman, Waverly	16	TSC	36.10	___
2	Goolsarran, Mia	13	STARS	35.21	___
3	Boehmer, Lina	16	TSC	34.75	___
4	Crosby, Lucia	14	CW	33.56	___
5	Petrov, Mila	15	ESWIM	33.77	___
6	Yung, Paris	14	TSC	35.04	___
7	Basra, Megan	14	STARS	35.79	___
8	Barnes, Isabel	14	STARS	36.15	___

Heat 6 of 6 Finals Starts at 05:51 PM

1	Gueldis, Julia	17	STARS	32.93	___
2	Vasiga, Natalie	16	ROW	32.35	___
3	Vieira, Alexandra	16	COBRA	32.12	___
4	Sulstarova, Jona	15	ESWIM	31.67	___
5	Gueldis, Vanessa	13	STARS	31.73	___
6	Wong, Noe	16	CW	32.34	___
7	Cook, Finley	14	LSC	32.92	___
8	McGarrell, Bree	16	HHBF	33.08	___

Event 109 Women 13 & Over 100 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 15 Finals Starts at 05:52 PM

1	Kouniakakis, Katerina	13	HAC	1:52.27	___
2	Patton, Darragh	14	HAC	1:36.09	___
3	Kirvan, Katie	13	CW	1:33.56	___
4	Khan, Anisa	16	ROW	1:29.57	___
5	Gopaul, Cassia	14	ROW	1:32.41	___
6	Thomas, Alice	13	HAC	1:34.13	___
7	Singaraja, Alyssa	15	ROW	1:40.01	___
8					___

Heat 2 of 15 Finals Starts at 05:54 PM

1	Semianiuk, Catherine	15	YORK	1:29.19	___
2	Soto-Trivino, Bella	13	CW	1:27.89	___
3	Sheinman Orenstrakh, Sofia	13	HAC	1:26.73	___
4	Skadorova, Katya	13	CW	1:25.54	___
5	van de Graaf, Talea	13	CW	1:26.37	___
6	Hui, Gabrielle	15	ROW	1:27.16	___
7	Lodder, Maia	14	HAC	1:28.03	___
8	Nakanyike, Kaylyn	13	YORK	1:29.45	___

Heat 3 of 15 Finals Starts at 05:56 PM

1	Krajewski, Nyllah	13	HAC	1:24.88	___
2	Gabi-Ali, Gia	13	COBRA	1:23.66	___
3	Moulton, Clara	13	COBRA	1:23.29	___
4	Bosa, Viola	13	ESWIM	1:22.88	___
5	Abghari, Parnia	14	ROW	1:23.09	___
6	Fonseca, Sofia	13	CW	1:23.50	___
7	Knowles, Kaelan	14	HAC	1:23.80	___
8	Lotimer, Naima	15	ROW	1:25.33	___

Heat 4 of 15 Finals Starts at 05:58 PM

1	Logar, Katelyn	13	LSC	1:21.19	___
2	McMullan, Krystyna	17	LSC	1:21.08	___
3	Lalonde, Ruby	15	ROW	1:20.50	___
4	Condor, Ariana	13	HAC	1:19.95	___
5	Baltaga, Annie	14	HAC	1:20.36	___
6	Schmeler, Emily	13	LSC	1:20.99	___
7	Cooper, Avery	14	HAC	1:21.08	___
8	Davis, Anabel	15	CW	1:21.22	___

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Heat 5 Finals (#109 Women 13 & Over 100 SC Meter Freestyle)

1	Scherer, Taylor	13	ROW	1:19.42	___
2	Godal, Emma	13	HAC	1:19.00	___
3	Outh, Sattaya Long	14	HAC	1:17.89	___
4	Chandler, Alexis	14	HAC	1:17.86	___
5	Grehan, Emma	14	HAC	1:17.87	___
6	Volpe, Fiona	13	COBRA	1:18.40	___
7	Trieu, Amber-Mae	13	STARS	1:19.18	___
8	Markovic, Anna	14	ROW	1:19.84	___

Heat 6 of 15 Finals Starts at 06:01 PM

1	Goar, Belle	14	HAC	1:17.18	___
2	Szymanski, Iza	13	STARS	1:17.02	___
3	Gronska, Natalia	13	LSC	1:16.11	___
4	Donnelly, Annabelle	14	HAC	1:14.63	___
5	Figueroa, Geneva	15	TSC	1:15.83	___
6	Clark, Meghan	14	HAC	1:16.16	___
7	Yang, Nicole	14	ROW	1:17.05	___
8	Ndreka, Isabella	13	YORK	1:17.31	___

Heat 7 of 15 Finals Starts at 06:03 PM

1	O'Donnell, Josephine	15	HAC	1:14.20	___
2	Trani, Annalisa	14	COBRA	1:13.98	___
3	Ellul, Marta	13	ESWIM	1:13.65	___
4	Scherer, Brooklyn	14	ROW	1:13.40	___
5	Smith, Miwa	14	LSC	1:13.49	___
6	Liu, Rachel	15	ESWIM	1:13.75	___
7	Bustria, Isabella	14	YORK	1:14.16	___
8	Wong, Mikaela	13	GRAC	1:14.21	___

Heat 8 of 15 Finals Starts at 06:04 PM

1	Canchola Hernandez, Luisa	14	HAC	1:13.32	___
2	Phelps, Avery	14	TSC	1:13.14	___
3	Chettri, Prachi	16	COBRA	1:13.06	___
4	Simoes, Victoria	15	TSC	1:12.80	___
5	Basra, Megan	14	STARS	1:12.98	___
6	Knights, Caitlyn	14	LSC	1:13.09	___
7	Perketa, Mia	15	LSC	1:13.26	___
8	Redman, Manessa	17	HAC	1:13.33	___

Heat 9 of 15 Finals Starts at 06:06 PM

1	Prieto, Lily	14	YORK	1:11.63	___
2	Perez, Valentina	15	YORK	1:11.18	___
3	Singh, Lila	13	RAMAC	1:11.11	___
4	Garcia, Valentina	13	CW	1:11.02	___
5	Elavarasan, Rhea	14	COBRA	1:11.03	___
6	Cutruzzola, Marina	15	COBRA	1:11.12	___
7	Romulo, Ashley	15	COBRA	1:11.57	___
8	Murray, Sydney	17	TSC	1:11.75	___

Heat 10 of 15 Finals Starts at 06:07 PM

1	Goolsarran, Mia	13	STARS	1:10.78	___
2	Peichl, Sofia	13	LSC	1:10.18	___
3	Lobsinger, Dakota	14	ROW	1:09.96	___
4	Gueldis, Julia	17	STARS	1:09.74	___
5	Smith, Taylor	13	GRAC	1:09.84	___
6	Monk, Ava	14	CW	1:10.05	___
7	McDonald, Anita	13	LSC	1:10.52	___
8	van Gent, Ainsley	14	TSC	1:10.95	___

Heat 11 of 15 Finals Starts at 06:09 PM

1	Restrepo, Charlotte	15	LSC	1:09.40	___
2	Field, Clarice	14	LSC	1:09.31	___
3	Purchase, Alexandra	13	COBRA	1:09.27	___
4	Cesarini, Orin	14	CW	1:09.15	___
5	Kulevskaya, Nataliya	14	CW	1:09.22	___
6	Wong, Olivia	13	LSC	1:09.28	___
7	Manjunath, Sami	14	CW	1:09.35	___
8	Yung, Paris	14	TSC	1:09.44	___

Heat 12 of 15 Finals Starts at 06:10 PM

1	Thompson, Nora	14	LSC	1:08.89	___
2	Liss, Hannah	14	LSC	1:08.46	___
3	Wong, Noe	16	CW	1:08.16	___
4	Dinglasan, Autumn	13	COBRA	1:08.01	___
5	Kouri, Audrey	15	LSC	1:08.12	___
6	Ilciuc, Natalia	14	COBRA	1:08.37	___
7	Nagengast, Madison	13	LSC	1:08.81	___
8	Gurfinkel, Gabriela	15	CW	1:09.11	___

Heat 13 of 15 Finals Starts at 06:12 PM

1	Grewal, Sachi	15	COBRA	1:07.64	___
2	Zmijak, Allie	15	TSC	1:07.45	___
3					___
4	Rocha Widmer, Luisa	14	YORK	1:06.90	___
5	Cook, Finley	14	LSC	1:06.91	___
6	LeJeune, Zoe	13	LSC	1:07.35	___
7	Betrabet, Priyanka	16	COBRA	1:07.51	___
8	Thai, Erin	14	ESWIM	1:07.89	___

Heat 14 of 15 Finals Starts at 06:13 PM

1	Roe, Aerowyn	16	ROW	1:06.49	___
2	McGarrell, Bree	16	HHBF	1:06.43	___
3	Green, Tela	16	LSC	1:06.20	___
4	Winsor, Magnolia	17	ESWIM	1:06.09	___
5	Kouri, Sofia	15	LSC	1:06.12	___
6	Khangura, Amrita	14	COBRA	1:06.22	___
7	Matthews, Leigha	16	COBRA	1:06.43	___
8	Farlinger, Ava	16	TSC	1:06.79	___

Heat 15 of 15 Finals Starts at 06:15 PM

1	Ligata, Neira	15	COBRA	1:05.70	___
2					___
3	Wong, Simone	17	TSC	1:05.14	___
4	Bisator, Alexandria	16	ESWIM	1:04.59	___
5	Sedra, Stella	14	CW	1:04.90	___
6	Jalsevac, Kateri	14	LSC	1:05.16	___
7	Raghunath, Aleah	15	COBRA	1:05.61	___
8	Moulton, Grace	15	COBRA	1:05.94	___

Event 111 Women 13 & Over 100 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 8 Finals Starts at 06:16 PM

1					___
2					___
3	Semianiuk, Catherine	15	YORK	2:01.67	___
4	Lodder, Maia	14	HAC	1:50.72	___
5	Abghari, Parnia	14	ROW	1:54.59	___
6					___
7					___
8					___

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Heat 2 Finals (#111 Women 13 & Over 100 SC Meter Breaststroke)				
1	van de Graaf, Talea	13	CW	1:47.77
2	Park, Jimin	13	ROW	1:46.70
3	Singaraja, Alyssa	15	ROW	1:45.41
4	Godal, Emma	13	HAC	1:43.41
5	Nakanyike, Kaylyn	13	YORK	1:43.49
6	Bosa, Viola	13	ESWIM	1:46.12
7	Grehan, Emma	14	HAC	1:47.28
8	Patton, Darragh	14	HAC	1:49.04

Heat 3 of 8 Finals Starts at 06:21 PM				
1	Ndreka, Isabella	13	YORK	1:41.59
2	Martinez, Sophia	13	ESWIM	1:41.18
3	Litt, Simar	13	COBRA	1:38.93
4	Donnelly, Annabelle	14	HAC	1:38.36
5	Gronska, Natalia	13	LSC	1:38.51
6	Goar, Belle	14	HAC	1:40.91
7	Doucet, Rosa	14	CW	1:41.52
8	Ottavino, Isabella	14	ESWIM	1:42.43

Heat 4 of 8 Finals Starts at 06:23 PM				
1	Hui, Gabrielle	15	ROW	1:37.24
2	Cesarini, Orin	14	CW	1:35.29
3	Wagstaff, Lottie	14	TSC	1:34.86
4	Singh, Lila	13	RAMAC	1:32.85
5	Kissuk, Brooke	14	ESWIM	1:34.14
6	Gomis Flores, Anna	13	ROW	1:35.21
7	Garcia, Valentina	13	CW	1:35.31
8	Correia, Linnea	16	LSC	1:37.89

Heat 5 of 8 Finals Starts at 06:25 PM				
1	Heinrichs, Addison	13	CW	1:31.79
2	Shulman, Ada	14	TSC	1:30.99
3	Grewal, Sachi	15	COBRA	1:30.42
4	Ellul, Marta	13	ESWIM	1:29.90
5	Gurfinkel, Gabriela	15	CW	1:30.24
6	Wong, Olivia	13	LSC	1:30.62
7	Dinglasan, Autumn	13	COBRA	1:31.34
8	Kuon, Ella	13	ESWIM	1:32.59

Heat 6 of 8 Finals Starts at 06:27 PM				
1	Matthews, Leigha	16	COBRA	1:29.62
2	Boehmer, Lina	16	TSC	1:29.28
3	Wong, Noe	16	CW	1:28.73
4	Caliston, Camilla	14	ROW	1:28.19
5	Raghunath, Aleah	15	COBRA	1:28.59
6	Chettri, Prachi	16	COBRA	1:29.07
7	Schmidt, Carly	14	CW	1:29.36
8	Sedra, Stella	14	CW	1:29.70

Heat 7 of 8 Finals Starts at 06:28 PM				
1	Wu, Kalyn	14	CW	1:27.36
2	Zimmerman, Waverly	16	TSC	1:26.11
3	Yang, Nicole	14	ROW	1:25.88
4	Gueldis, Julia	17	STARS	1:25.23
5				
6	Cornell, Isabella	16	LSC	1:25.88
7	Figueroa, Geneva	15	TSC	1:26.91
8	Rei, Íris	14	TSC	1:27.51

Heat 8 of 8 Finals Starts at 06:30 PM				
1	Thai, Erin	14	ESWIM	1:24.61
2	Crosby, Lucia	14	CW	1:23.45
3	Vieira, Alexandra	16	COBRA	1:23.10
4	Moulton, Grace	15	COBRA	1:22.59
5	Wong, Simone	17	TSC	1:22.73
6	Roe, Aerowyn	16	ROW	1:23.15
7	Rishor, Julia	16	TSC	1:23.48
8	Vasiga, Natalie	16	ROW	1:24.70

Event 113 Women 13 & Over 200 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Finals Starts at 06:32 PM				
1				
2				
3	Schmeler, Emily	13	LSC	4:21.24
4	Manjunath, Sami	14	CW	3:40.23
5	Heinrichs, Addison	13	CW	3:55.23
6				
7				
8				

Heat 2 of 3 Finals Starts at 06:37 PM				
1				
2	Condor, Ariana	13	HAC	3:27.00
3	Chandler, Alexis	14	HAC	3:20.00
4	Redman, Manessa	17	HAC	3:19.83
5	Canchola Hernandez, Luisa	14	HAC	3:20.00
6	O'Donnell, Josephine	15	HAC	3:20.00
7	Logar, Katelyn	13	LSC	3:30.00
8				

Heat 3 of 3 Finals Starts at 06:41 PM				
1	Simoes, Victoria	15	TSC	3:01.51
2	Jalsevac, Kateri	14	LSC	2:51.47
3	Kouri, Audrey	15	LSC	2:48.23
4	Green, Tela	16	LSC	2:43.59
5	Betrabet, Priyanka	16	COBRA	2:47.65
6	Cook, Finley	14	LSC	2:50.94
7	McDonald, Anita	13	LSC	2:51.83
8	Gueldis, Vanessa	13	STARS	3:04.06

Event 115 Women 13 & Over 100 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 11 Finals Starts at 06:44 PM				
1				
2	Kouniakakis, Katerina	13	HAC	2:06.58
3	Kirvan, Katie	13	CW	1:49.92
4	Krajewski, Nyllah	13	HAC	1:45.65
5	Lotimer, Naima	15	ROW	1:48.63
6	Thomas, Alice	13	HAC	1:58.11
7	Lodder, Maia	14	HAC	2:11.54
8				

CAFÉ MENU

main

BREAKFAST SANDWICH

bacon, egg and cheese on a bagel

BAGEL W/ BUTTER

plain, sesame or everything

BAGEL W/ CREAM CHEESE

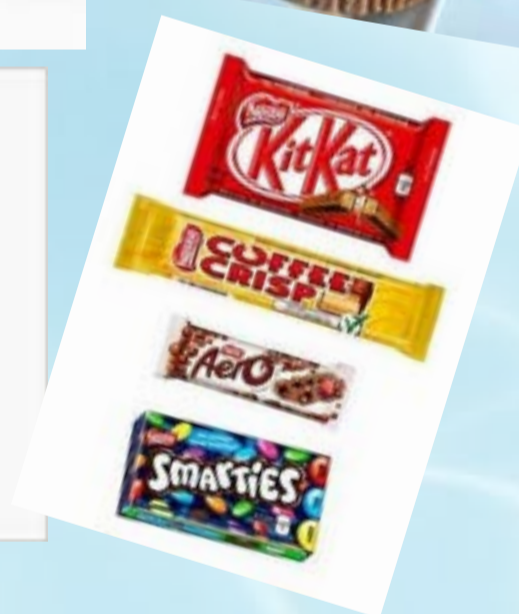
plain, sesame or everything

BURGER

PULLED PORK SANDWICH W/ COLESLAW

TUNA SALAD SANDWICH

EGG SALAD SANDWICH



drinks

COFFEE OR TEA

earl grey, green, orange pekoe, peppermint

GATORADE

APPLE OR ORANGE JUICE

CHOCOLATE MILK

BOTTLED WATER

POP



THANK YOU FOR SUPPORTING OUR SWIMMERS!

2024 AB Meet - 2024-01-12 to 2024-01-14
Meet Program - SAT 13&O GIRLS "B" - SHALLOW

Heat 2 Finals (#115 Women 13 & Over 100 SC Meter Backstroke)

1	Clark, Meghan	14	HAC	1:41.58	___
2	Moulton, Clara	13	COBRA	1:40.77	___
3	Ndreka, Isabella	13	YORK	1:40.43	___
4	Semianiuik, Catherine	15	YORK	1:38.36	___
5	Soto-Trivino, Bella	13	CW	1:40.00	___
6	Abghari, Parnia	14	ROW	1:40.75	___
7	Sheinman Orenstrakh, Sofia	13	HAC	1:41.25	___
8	Gopaul, Cassia	14	ROW	1:43.19	___

Heat 3 of 11 Finals Starts at 06:49 PM

1	van de Graaf, Talea	13	CW	1:37.59	___
2	Gabi-Ali, Gia	13	COBRA	1:37.21	___
3	Doucet, Rosa	14	CW	1:35.40	___
4	McMullan, Krystyna	17	LSC	1:33.57	___
5	Baltaga, Annie	14	HAC	1:33.70	___
6	Lalonde, Ruby	15	ROW	1:35.97	___
7	Khan, Anisa	16	ROW	1:37.28	___
8	Cooper, Avery	14	HAC	1:37.69	___

Heat 4 of 11 Finals Starts at 06:51 PM

1	Knowles, Kaelan	14	HAC	1:29.85	___
2	Chira, Kylie	14	CW	1:28.88	___
3	Ilciuc, Natalia	14	COBRA	1:27.94	___
4	Basra, Megan	14	STARS	1:27.13	___
5	Outh, Sattaya Long	14	HAC	1:27.84	___
6	Bosa, Viola	13	ESWIM	1:28.42	___
7	Cutruzzola, Marina	15	COBRA	1:29.11	___
8	Godal, Emma	13	HAC	1:33.07	___

Heat 5 of 11 Finals Starts at 06:53 PM

1	Volpe, Fiona	13	COBRA	1:27.07	___
2	Kuon, Ella	13	ESWIM	1:26.13	___
3	Trieu, Amber-Mae	13	STARS	1:24.97	___
4	Knights, Caitlyn	14	LSC	1:24.49	___
5	Szymanski, Iza	13	STARS	1:24.78	___
6	Scherer, Brooklyn	14	ROW	1:25.63	___
7	Davis, Anabel	15	CW	1:26.32	___
8	Abramowitz, Eloise	14	ESWIM	1:27.07	___

Heat 6 of 11 Finals Starts at 06:56 PM

1	Perketa, Mia	15	LSC	1:23.87	___
2	Scherer, Taylor	13	ROW	1:23.85	___
3	Goolsarran, Mia	13	STARS	1:22.96	___
4	Perez, Valentina	15	YORK	1:22.84	___
5	Purchase, Alexandra	13	COBRA	1:22.91	___
6	Chettri, Prachi	16	COBRA	1:23.57	___
7	Singh, Lila	13	RAMAC	1:23.85	___
8	Martinez, Sophia	13	ESWIM	1:24.34	___

Heat 7 of 11 Finals Starts at 06:58 PM

1	Barnes, Isabel	14	STARS	1:22.43	___
2	van Gent, Ainsley	14	TSC	1:21.97	___
3	Khangura, Amrita	14	COBRA	1:21.48	___
4	Romulo, Ashley	15	COBRA	1:21.13	___
5	Phelps, Avery	14	TSC	1:21.45	___
6	Rei, Íris	14	TSC	1:21.72	___
7	Murray, Sydney	17	TSC	1:22.14	___
8	Petrov, Mila	15	ESWIM	1:22.73	___

Heat 8 of 11 Finals Starts at 06:59 PM

1	Liu, Rachel	15	ESWIM	1:20.61	___
2	Wagstaff, Lottie	14	TSC	1:20.30	___
3	Vasiga, Natalie	16	ROW	1:20.00	___
4	Restrepo, Charlotte	15	LSC	1:19.79	___
5	Smith, Taylor	13	GRAC	1:19.86	___
6	Yung, Paris	14	TSC	1:20.15	___
7	Boehmer, Lina	16	TSC	1:20.49	___
8	Farlinger, Ava	16	TSC	1:20.79	___

Heat 9 of 11 Finals Starts at 07:01 PM

1	Cesarini, Orin	14	CW	1:19.28	___
2					___
3	Zmijak, Allie	15	TSC	1:18.91	___
4	Wu, Kalyn	14	CW	1:18.68	___
5	Kulevskaya, Nataliya	14	CW	1:18.72	___
6	Henry, Georgia	14	ESWIM	1:19.02	___
7	Gueldis, Vanessa	13	STARS	1:19.25	___
8	Crosby, Lucia	14	CW	1:19.73	___

Heat 10 of 11 Finals Starts at 07:03 PM

1	Bisator, Alexandria	16	ESWIM	1:18.51	___
2	Matthews, Leigha	16	COBRA	1:18.24	___
3	Bustria, Isabella	14	YORK	1:17.95	___
4	Grewal, Sachi	15	COBRA	1:17.64	___
5	Raghunath, Aleah	15	COBRA	1:17.72	___
6	Rocha Widmer, Luisa	14	YORK	1:18.09	___
7	Peichl, Sofia	13	LSC	1:18.46	___
8	Giles, Sophie	13	CW	1:18.61	___

Heat 11 of 11 Finals Starts at 07:05 PM

1	Moulton, Grace	15	COBRA	1:17.28	___
2	Elavarasan, Rhea	14	COBRA	1:16.76	___
3	McGarrell, Bree	16	HHBF	1:16.18	___
4	Vieira, Alexandra	16	COBRA	1:13.64	___
5	Betrabet, Priyanka	16	COBRA	1:15.70	___
6	Thompson, Nora	14	LSC	1:16.20	___
7	Ligata, Neira	15	COBRA	1:17.02	___
8	Caliston, Camilla	14	ROW	1:17.36	___

Event 117 Women 13 & Over 50 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Finals Starts at 07:07 PM

1	Lotimer, Naima	15	ROW	55.04	___
2	Kirvan, Katie	13	CW	54.69	___
3	Semianiuik, Catherine	15	YORK	54.30	___
4	Patton, Darragh	14	HAC	51.80	___
5	O'Donnell, Josephine	15	HAC	52.92	___
6	Condor, Ariana	13	HAC	54.39	___
7	Soto-Trivino, Bella	13	CW	54.80	___
8					___

Heat 2 of 5 Finals Starts at 07:08 PM

1	Ottavino, Isabella	14	ESWIM	50.23	___
2	Bosa, Viola	13	ESWIM	49.11	___
3	Park, Jimin	13	ROW	48.90	___
4	Chira, Kylie	14	CW	48.03	___
5	Grehan, Emma	14	HAC	48.12	___
6	Abghari, Parnia	14	ROW	48.97	___
7	Markovic, Anna	14	ROW	49.44	___
8	Gopaul, Cassia	14	ROW	51.70	___

2024 AB Meet - 2024-01-12 to 2024-01-14
Meet Program - SAT 13&O GIRLS "B" - SHALLOW

Heat 3 Finals (#117 Women 13 & Over 50 SC Meter Breaststroke)

1	Skadorova, Katya	13	CW	47.42	___
2	Ndreka, Isabella	13	YORK	46.53	___
3	Redman, Manessa	17	HAC	46.15	___
4	Donnelly, Annabelle	14	HAC	45.94	___
5	Cooper, Avery	14	HAC	45.97	___
6	Singaraja, Alyssa	15	ROW	46.51	___
7	Nakanyike, Kaylyn	13	YORK	46.99	___
8	Lalonde, Ruby	15	ROW	47.69	___

Heat 4 of 5 Finals Starts at 07:11 PM

1	Chandler, Alexis	14	HAC	45.76	___
2	Hui, Gabrielle	15	ROW	44.93	___
3	Gomis Flores, Anna	13	ROW	43.88	___
4	Caliston, Camilla	14	ROW	41.48	___
5	Kuon, Ella	13	ESWIM	42.60	___
6	Monk, Ava	14	CW	44.70	___
7	Trieu, Amber-Mae	13	STARS	45.33	___
8	Goar, Belle	14	HAC	45.84	___

Heat 5 of 5 Finals Starts at 07:12 PM

1	Schmidt, Carly	14	CW	41.13	___
2	Figueroa, Geneva	15	TSC	39.26	___
3	Rei, Íris	14	TSC	38.50	___
4	Wong, Simone	17	TSC	37.29	___
5	Vieira, Alexandra	16	COBRA	38.45	___
6	Rishor, Julia	16	TSC	38.83	___
7	Zimmerman, Waverly	16	TSC	39.63	___
8	Yang, Nicole	14	ROW	41.40	___

Event 119 Women 13 & Over 400 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 6 Finals Starts at 07:13 PM

1	Liss, Hannah	14	LSC	5:04.36	___
2	Winsor, Magnolia	17	ESWIM	4:56.86	___
3	Cornell, Isabella	16	LSC	4:56.13	___
4	Ligata, Neira	15	COBRA	4:52.30	___
5					___
6	Green, Tela	16	LSC	4:56.44	___
7	Sulstarova, Jona	15	ESWIM	4:59.17	___
8	Raghunath, Aleah	15	COBRA	5:05.04	___

Heat 2 of 6 Finals Starts at 07:18 PM

1	Matthews, Leigha	16	COBRA	5:11.50	___
2	Sedra, Stella	14	CW	5:09.70	___
3	Thai, Erin	14	ESWIM	5:06.25	___
4	Jalsevac, Kateri	14	LSC	5:05.59	___
5	Nagengast, Madison	13	LSC	5:05.64	___
6	LeJeune, Zoe	13	LSC	5:08.96	___
7	Betrabet, Priyanka	16	COBRA	5:10.95	___
8	Kouri, Sofia	15	LSC	5:13.03	___

Heat 3 of 6 Finals Starts at 07:24 PM

1	Trani, Annalisa	14	COBRA	5:27.87	___
2	Lobsinger, Dakota	14	ROW	5:24.11	___
3	Zmijak, Allie	15	TSC	5:20.00	___
4	Kissuk, Brooke	14	ESWIM	5:13.03	___
5	Field, Clarice	14	LSC	5:18.04	___
6	Shulman, Ada	14	TSC	5:23.72	___
7	Prieto, Lily	14	YORK	5:25.42	___
8	Ottavino, Isabella	14	ESWIM	5:29.42	___

Heat 4 of 6 Finals Starts at 07:30 PM

1	Wagstaff, Lottie	14	TSC	5:37.03	___
2	Henry, Georgia	14	ESWIM	5:35.34	___
3	Perketa, Mia	15	LSC	5:33.72	___
4	Abramowitz, Eloise	14	ESWIM	5:30.23	___
5	Barnes, Isabel	14	STARS	5:33.34	___
6	Manjunath, Sami	14	CW	5:34.74	___
7	Farlinger, Ava	16	TSC	5:36.16	___
8	Litt, Simar	13	COBRA	5:38.23	___

Heat 5 of 6 Finals Starts at 07:36 PM

1	Clark, Meghan	14	HAC	5:49.48	___
2	Bustria, Isabella	14	YORK	5:46.73	___
3	Ilciuc, Natalia	14	COBRA	5:45.37	___
4	Liu, Rachel	15	ESWIM	5:42.84	___
5	Correia, Linnea	16	LSC	5:44.13	___
6	van Gent, Ainsley	14	TSC	5:46.20	___
7	Simoes, Victoria	15	TSC	5:48.00	___
8					___

Heat 6 of 6 Finals Starts at 07:42 PM

1					___
2					___
3	Markovic, Anna	14	ROW	6:42.23	___
4	Davis, Anabel	15	CW	6:03.98	___
5	Fonseca, Sofia	13	CW	6:29.23	___
6					___
7					___
8					___

Event 120 Men 13 & Over 400 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 4 Finals Starts at 07:49 PM

1	Shnier, Elliott	14	TSC	5:04.57	___
2	Flynn, Callum	15	TSC	4:53.11	___
3	Ammar, Hamza	16	CW	4:48.41	___
4	Morrissey, Connor	17	CW	4:39.66	___
5	Pollak, Matthis	16	TSC	4:48.22	___
6	Ashley, Andrew	15	LSC	4:52.69	___
7	Mestiri, Driss	14	ESWIM	5:03.01	___
8	Buchanan, Jack	14	TSC	5:06.21	___

Heat 2 of 4 Finals Starts at 07:54 PM

1	Middleton, Oliver	13	ROW	5:24.66	___
2	Thomas, Lynden	16	COBRA	5:20.28	___
3	Kiss, Nimrod	15	TSC	5:10.00	___
4	Belle, Matthew	15	COBRA	5:07.29	___
5	Guano, Matthew	15	COBRA	5:09.81	___
6	Read-Lajos, Nathan	13	COBRA	5:19.12	___
7	Martynets, Andrew	13	ESWIM	5:24.57	___
8	Walsh, Jamie	13	CW	5:32.04	___

Heat 3 of 4 Finals Starts at 08:00 PM

1					___
2	Galich, Mark	14	CW	5:53.23	___
3	Murygin, Richard	16	ESWIM	5:50.12	___
4	Harris, Jackson	13	ESWIM	5:40.60	___
5	Hennessy, Nathan	13	ESWIM	5:47.55	___
6	Tsilavis, Jason	14	TSC	5:52.48	___
7	Schwarz, Ian	14	CW	5:53.94	___
8					___

2024 AB Meet - 2024-01-12 to 2024-01-14
Meet Program - SAT 13&O GIRLS "B" - SHALLOW

Heat 4 Finals (#120 Men 13 & Over 400 SC Meter Freestyle)

1					
2					
3	Kaloustian, Armen	14	HAC	6:15.88	___
4	Santos, Gabriel	13	CW	5:56.20	___
5	Reptsis, Cristian	13	STARS	5:56.20	___
6					___
7					___
8					___

Event 19 Women 13 & Over 400 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 4 Finals Starts at 08:13 PM

1	Frickleton, Aneshka	16	ESWIM	4:33.50	___
2	Kissuk, Sophie	16	ESWIM	4:30.78	___
3	Tomory, Zoe	14	LSC	4:28.86	___
4	Statkevicius, Sylvia	16	ESWIM	X4:13.67	___
5	Ogneva, Ekaterina	17	RAMAC	4:28.46	___
6	Lee, Sophia	17	RAMAC	4:29.37	___
7	Rogers, Olive	15	ESWIM	4:32.92	___
8	Fernandez Ayanegui, Marie	15	ESWIM	4:33.80	___

Heat 2 of 4 Finals Starts at 08:18 PM

1	Peron, Amelia	15	COBRA	4:46.84	___
2	Leno, Alexandra	13	ESWIM	4:42.16	___
3	Bernasiewicz, Catherine	16	LSC	4:39.61	___
4	Newton, Rebecca	15	ESWIM	4:37.63	___
5	Warkentin, Katherine	14	ESWIM	4:37.83	___
6	Er, Rosalie	14	ESWIM	4:41.72	___
7	Pierog, Madie	14	LSC	4:43.98	___
8	Wang, Jolie	14	ESWIM	4:47.32	___

Heat 3 of 4 Finals Starts at 08:23 PM

1	Skoko, Maeve	15	LSC	4:56.27	___
2	Ginzburg, Leah	14	RAMAC	4:52.32	___
3	Goodwin, Charlotte	14	HHBF	4:51.20	___
4	Wieland, Elena	13	ESWIM	4:48.23	___
5	Gross, Shaye	15	RAMAC	4:49.76	___
6	Sabry, Dahlia	14	ESWIM	4:52.22	___
7	Toki, Megan	14	LSC	4:54.41	___
8	Wilson, Emerson	16	LSC	4:56.68	___

Heat 4 of 4 Finals Starts at 08:28 PM

1	Oliver, Madeline	14	ESWIM	5:12.88	___
2	Le, Caitlyn	14	YORK	5:10.04	___
3	Smith, Natalie	13	LSC	5:01.15	___
4	Pires-Martins, Alexia	14	COBRA	4:57.23	___
5	Arthur, Colleen	17	COBRA	4:58.70	___
6	Reed, Auralie	15	COBRA	5:07.37	___
7	Salisny, Gwyneth	13	ESWIM	5:11.35	___
8	Olinski, Vallee	13	HAC	5:14.47	___