

# 2024 A/B MEET

January 12<sup>th</sup> - 14<sup>th</sup>

at the  
ETOBICOKE OLYMPIUM

Hosted by



## 2024 AB Meet - 2024-01-12 to 2024-01-14

## Meet Program - FRIDAY - DEEP

## Event 2 / 3 Men / Women 11&amp;O 1500 Free

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

## Heat 1 (Heat 1 Men 1500 Free) Starts at 05:00 PM

|   |                      |    |       |          |   |
|---|----------------------|----|-------|----------|---|
| 1 | O'Grady, Maximillian | 13 | LSC   | 19:10.03 | — |
| 2 | McInerney, William   | 16 | LSC   | 18:26.93 | — |
| 3 | Tompa, Justin        | 17 | LSC   | 17:34.91 | — |
| 4 | Gostlin, Misha       | 14 | ESWIM | 17:11.50 | — |
| 5 | Hazelton, Luke       | 15 | ESWIM | 17:21.23 | — |
| 6 | Tompa, Oliver        | 14 | LSC   | 17:36.85 | — |
| 7 | St-Pierre, Jacques   | 14 | LSC   | 18:43.91 | — |
| 8 | McInerney, Douglas   | 14 | LSC   | 19:17.34 | — |

## Heat 2 (Heat 1 Women 1500 Free) Starts at 05:20 PM

|   |                         |    |       |          |   |
|---|-------------------------|----|-------|----------|---|
| 1 | Nagengast, Madison      | 13 | LSC   | 19:54.54 | — |
| 2 | Wilson, Emerson         | 16 | LSC   | 19:21.69 | — |
| 3 | Er, Rosalie             | 14 | ESWIM | 18:50.71 | — |
| 4 | Warkentin, Katherine    | 14 | ESWIM | 18:33.56 | — |
| 5 | Bernasiewicz, Catherine | 16 | LSC   | 18:39.41 | — |
| 6 | Novak, Laura            | 13 | LSC   | 19:15.55 | — |
| 7 | Leung, Alexia           | 13 | ESWIM | 19:47.77 | — |
| 8 | Salisny, Gwyneth        | 13 | ESWIM | 20:07.77 | — |

## Heat 3 (Heat 2 Men 1500 Free) Starts at 05:40 PM

|   |                     |    |       |          |   |
|---|---------------------|----|-------|----------|---|
| 1 |                     |    |       |          | — |
| 2 | Jones, Macallan     | 12 | LSC   | 22:30.00 | — |
| 3 | McDermott, Benjamin | 11 | ESWIM | 22:00.00 | — |
| 4 | Biszko, Matviy      | 13 | ESWIM | 19:57.77 | — |
| 5 | Hammond, Luke       | 12 | LSC   | 20:30.00 | — |
| 6 | Gojski, Alexander   | 12 | LSC   | 22:30.00 | — |
| 7 | Smith, Adam         | 12 | LSC   | 23:00.00 | — |
| 8 |                     |    |       |          | — |

## Heat 4 (Heat 2 Women 1500 Free) Starts at 06:04 PM

|   |                   |    |     |          |   |
|---|-------------------|----|-----|----------|---|
| 1 |                   |    |     |          | — |
| 2 | Greenfield, Khloe | 12 | LSC | 22:30.00 | — |
| 3 | Crespo, Talia     | 12 | LSC | 22:12.12 | — |
| 4 | Provato, Bella    | 14 | LSC | 20:30.55 | — |
| 5 | Williams, Brooke  | 12 | HAC | 21:30.55 | — |
| 6 | Croft, Amelia     | 11 | LSC | 22:30.00 | — |
| 7 | Martin, Cecilia   | 11 | LSC | 25:00.00 | — |
| 8 |                   |    |     |          | — |

## Event 101 Women 11 &amp; Over 800 SC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

## Heat 1 of 8 Finals - Swimming with Finals

|   |                   |    |       |          |   |
|---|-------------------|----|-------|----------|---|
| 1 | Thompson, Nora    | 14 | LSC   | 10:35.15 | — |
| 2 | Wong, Olivia      | 13 | LSC   | 10:31.28 | — |
| 3 | Cornell, Isabella | 16 | LSC   | 10:11.35 | — |
| 4 | Peron, Amelia     | 15 | COBRA | 10:03.96 | — |
| 5 | Winsor, Magnolia  | 17 | ESWIM | 10:09.87 | — |
| 6 | Ligata, Neira     | 15 | COBRA | 10:18.53 | — |
| 7 | Jalsevac, Kateri  | 14 | LSC   | 10:31.31 | — |
| 8 | Gueldis, Vanessa  | 13 | STARS | 10:35.95 | — |

## Heat 2 of 8 Finals - Swimming with Finals

|   |                      |    |       |          |   |
|---|----------------------|----|-------|----------|---|
| 1 |                      |    |       |          | — |
| 2 | Kissuk, Brooke       | 14 | ESWIM | 10:46.47 | — |
| 3 | Betrabet, Priyanka   | 16 | COBRA | 10:46.01 | — |
| 4 | Kouri, Sofia         | 15 | LSC   | 10:39.60 | — |
| 5 | Liss, Hannah         | 14 | LSC   | 10:40.79 | — |
| 6 | Lejeune, Zoe         | 13 | LSC   | 10:46.24 | — |
| 7 | Muscat-Baron, Audrey | 13 | HAC   | 10:50.55 | — |
| 8 | Field, Clarice       | 14 | LSC   | 10:53.49 | — |

## Heat 3 of 8 Finals - Swimming with Finals

|   |                       |    |       |          |   |
|---|-----------------------|----|-------|----------|---|
| 1 | Henderson-Pluim, Izzy | 13 | HAC   | 11:21.02 | — |
| 2 | Shantz, Hannah        | 13 | HAC   | 11:11.50 | — |
| 3 | Matthews, Leigha      | 16 | COBRA | 10:57.01 | — |
| 4 | Kouri, Audrey         | 15 | LSC   | 10:53.86 | — |
| 5 | Monne, Camryn         | 13 | HAC   | 10:55.36 | — |
| 6 | Raghunath, Aleah      | 15 | COBRA | 10:58.98 | — |
| 7 | Henry, Georgia        | 14 | ESWIM | 11:15.00 | — |
| 8 | Prieto, Lily          | 14 | YORK  | 11:22.59 | — |

## Heat 4 of 8 Finals Starts at 06:29 PM

|   |                      |    |       |          |   |
|---|----------------------|----|-------|----------|---|
| 1 | O'Donnell, Josephine | 15 | HAC   | 12:00.00 | — |
| 2 | Donnelly, Annabelle  | 14 | HAC   | 11:55.30 | — |
| 3 | Redman, Manessa      | 17 | HAC   | 11:38.96 | — |
| 4 | Restrepo, Charlotte  | 15 | LSC   | 11:27.62 | — |
| 5 | Ottavino, Isabella   | 14 | ESWIM | 11:32.66 | — |
| 6 | Correia, Linnea      | 16 | LSC   | 11:44.57 | — |
| 7 | Thai, Erin           | 14 | ESWIM | 11:56.81 | — |
| 8 | Condor, Ariana       | 13 | HAC   | 12:07.85 | — |

## Heat 5 of 8 Finals Starts at 06:41 PM

|   |                         |    |       |          |   |
|---|-------------------------|----|-------|----------|---|
| 1 | Chandler, Alexis        | 14 | HAC   | 12:35.78 | — |
| 2 | Liu, Yiling             | 12 | ESWIM | 12:30.00 | — |
| 3 | Goar, Belle             | 14 | HAC   | 12:26.47 | — |
| 4 | Janeiro, Ava            | 12 | ESWIM | 12:20.99 | — |
| 5 | Martinez, Sophia        | 13 | ESWIM | 12:23.76 | — |
| 6 | Han, Ruobing            | 12 | ESWIM | 12:30.00 | — |
| 7 | Heinrichs, Addison      | 13 | CW    | 12:32.23 | — |
| 8 | Masnyk-Moore, Anastasia | 12 | ESWIM | 12:43.09 | — |

## Heat 6 of 8 Finals Starts at 06:54 PM

|   |                    |    |       |          |   |
|---|--------------------|----|-------|----------|---|
| 1 | Outh, Sattaya Long | 14 | HAC   | 13:00.00 | — |
| 2 | Kuon, Ella         | 13 | ESWIM | 12:55.48 | — |
| 3 | Doucet, Rosa       | 14 | CW    | 12:50.23 | — |
| 4 | Bosa, Viola        | 13 | ESWIM | 12:43.91 | — |
| 5 | Pasic, Anastasia   | 11 | ESWIM | 12:45.62 | — |
| 6 | Gronska, Natalia   | 13 | LSC   | 12:51.68 | — |
| 7 | Krajewski, Nyllah  | 13 | HAC   | 13:00.00 | — |
| 8 | Smith, Emi         | 12 | LSC   | 13:00.73 | — |

## Heat 7 of 8 Finals Starts at 07:08 PM

|   |                       |    |       |          |   |
|---|-----------------------|----|-------|----------|---|
| 1 | Donovan, Adelaide     | 12 | LSC   | 14:15.29 | — |
| 2 | Ellul, Marta          | 13 | ESWIM | 13:58.16 | — |
| 3 | Patton, Darragh       | 14 | HAC   | 13:30.00 | — |
| 4 | Knowles, Kaelan       | 14 | HAC   | 13:03.60 | — |
| 5 | Chira, Kylie          | 14 | CW    | 13:11.23 | — |
| 6 | Schmeler, Emily       | 13 | LSC   | 13:35.02 | — |
| 7 | Valbuena Bustos, Emma | 13 | HAC   | 14:00.00 | — |
| 8 | Budzinsky, Ryann      | 12 | LSC   | 14:32.78 | — |



# CAFÉ MENU

## main

### BREAKFAST SANDWICH

bacon, egg and cheese on a bagel

### BAGEL W/ BUTTER

plain, sesame or everything

### BAGEL W/ CREAM CHEESE

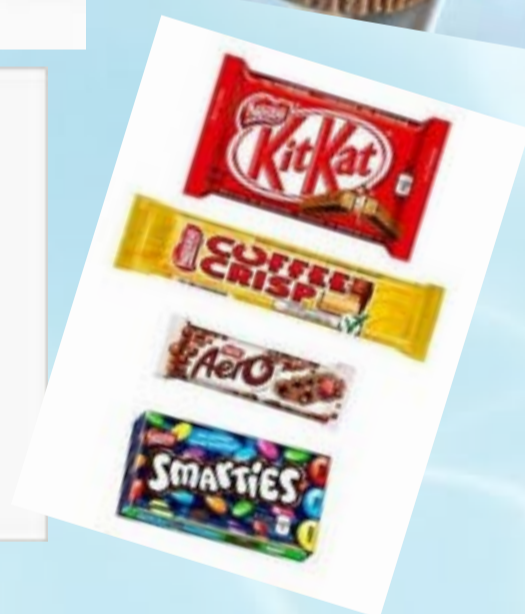
plain, sesame or everything

### BURGER

### PULLED PORK SANDWICH W/ COLESLAW

### TUNA SALAD SANDWICH

### EGG SALAD SANDWICH



## snacks

### VEGETABLE OR FRUIT CUP

### YOGURT CUP WITH BLUEBERRIES

### MUFFIN (CHOCOLATE, BLUEBERRY)

### SOUR KEY CANDY (BERRIES, PEACH)

### CHOCOLATE BAR

### GRANOLA BAR

### PROTEIN BAR

### CHIPS

## drinks

### COFFEE OR TEA

earl grey, green, orange pekoe, peppermint

### GATORADE

### APPLE OR ORANGE JUICE

### CHOCOLATE MILK

### BOTTLED WATER

### POP



THANK YOU FOR SUPPORTING OUR SWIMMERS!



## 2024 AB Meet - 2024-01-12 to 2024-01-14

## Meet Program - FRIDAY - DEEP

**Heat 8 Finals (#101 Women 11 & Over 800 SC Meter Freestyle)**

|   |                    |    |       |          |       |
|---|--------------------|----|-------|----------|-------|
| 1 |                    |    |       |          | _____ |
| 2 | Li, Mofei          | 11 | LSC   | 15:59.90 | _____ |
| 3 | Gomes, Dahlia      | 11 | LSC   | 15:04.26 | _____ |
| 4 | Doherty, Madelyn   | 12 | LSC   | 14:56.32 | _____ |
| 5 | Kapetanovic, Leila | 12 | LSC   | 14:59.04 | _____ |
| 6 | Miceli, Carmelina  | 12 | LSC   | 15:13.32 | _____ |
| 7 | Service, Avery     | 11 | ESWIM | NT       | _____ |
| 8 |                    |    |       |          | _____ |

**Event 102 / 103 Men / Women 11&O 1500 Free**

| Lane | Name | Age | Team | Seed Time |  |
|------|------|-----|------|-----------|--|
|------|------|-----|------|-----------|--|

**Heat 1 (Heat 1 Men 1500 Free) Starts at 07:39 PM**

|   |                   |    |       |          |       |
|---|-------------------|----|-------|----------|-------|
| 1 |                   |    |       |          | _____ |
| 2 |                   |    |       |          | _____ |
| 3 | Pliskat, Tyler    | 13 | LSC   | 24:00.12 | _____ |
| 4 | Mestiri, Driss    | 14 | ESWIM | 19:37.82 | _____ |
| 5 | Bryzhan, Alexandr | 13 | LSC   | 23:12.12 | _____ |
| 6 |                   |    |       |          | _____ |
| 7 |                   |    |       |          | _____ |
| 8 |                   |    |       |          | _____ |

**Heat 2 (Heat 1 Women 1500 Free) Starts at 08:03 PM**

|   |                      |    |     |          |       |
|---|----------------------|----|-----|----------|-------|
| 1 |                      |    |     |          | _____ |
| 2 | Davis, Anabel        | 15 | CW  | 24:12.34 | _____ |
| 3 | Logar, Katelyn       | 13 | LSC | 23:00.00 | _____ |
| 4 | Green, Tela          | 16 | LSC | 19:36.18 | _____ |
| 5 | Mrva-Geluch, Adiline | 13 | HAC | 21:05.11 | _____ |
| 6 | Gabriel, Simone      | 12 | LSC | 24:00.00 | _____ |
| 7 |                      |    |     |          | _____ |
| 8 |                      |    |     |          | _____ |