

2023 Winter Ontario Youth-Junior Champs - 2/16/2023 to 2/19/2023**Session Report**

Session: 1 Thursday Prelims

Day of Meet: 1 Starts at 08:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	3 Women 18 & Under 100 Backstroke	77	10	08:30 AM	_____
Prelims	4 Men 18 & Under 100 Backstroke	81	11	08:46 AM	_____
Prelims	5 Women 18 & Under 50 Freestyle	130	17	09:03 AM	_____
Prelims	6 Men 18 & Under 50 Freestyle	146	19	09:17 AM	_____
Prelims	7 Women 18 & Under 200 Breaststroke	99	13	09:32 AM	_____
Prelims	8 Men 18 & Under 200 Breaststroke	101	13	10:15 AM	_____
Finals-S	101 Women 14 & Under 200 Medley Relay	0	0	10:56 AM	_____
Finals-S	102 Men 14 & Under 200 Medley Relay	0	0	10:56 AM	_____
Finals-S	103 Women 15 & Over 200 Medley Relay	16	2	10:56 AM	_____
Finals-S	104 Men 15 & Over 200 Medley Relay	18	3	11:02 AM	_____
Break: 15 Minutes: Warm-up/Cool-down					
Finals-S	1 Women 18 & Under 800 Freestyle Alternating	23	3	11:24 AM	_____
Finals-S	2 Men 18 & Under 800 Freestyle Women/Men	30	4	11:35 AM	_____
Swimmers Counts for Warm-ups: 505		=====	=====		
Entry / Heat Totals:		719	95		
Finish Time				12:38 PM	_____

Session: 2 Thursday Finals

Day of Meet: 1 Starts at 06:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	1 Women 18 & Under 800 Freestyle	8	1	06:00 PM	_____
Finals-1	2 Men 18 & Under 800 Freestyle	8	1	06:11 PM	_____
Finals	3 Women 18 & Under 100 Backstroke	32	4 u	06:22 PM	_____
Finals	4 Men 18 & Under 100 Backstroke	32	4 u	06:31 PM	_____
Finals	5 Women 18 & Under 50 Freestyle	32	4 u	06:41 PM	_____
Finals	6 Men 18 & Under 50 Freestyle	32	4 u	06:46 PM	_____
Finals	7 Women 18 & Under 200 Breaststroke	32	4 u	06:52 PM	_____
Finals	8 Men 18 & Under 200 Breaststroke	32	4 u	07:08 PM	_____
Finals-1	101 Women 14 & Under 200 Medley Relay	8	1	07:22 PM	_____
Finals-1	102 Men 14 & Under 200 Medley Relay	8	1	07:26 PM	_____
Finals-1	103 Women 15 & Over 200 Medley Relay	8	1	07:29 PM	_____
Finals-1	104 Men 15 & Over 200 Medley Relay	8	1	07:33 PM	_____
Finals	106 Men 800 Freestyle Relay	8	1	07:36 PM	_____
Swimmers Counts for Warm-ups: 270		=====	=====		
Entry / Heat Totals:		248	31		
Finish Time				07:46 PM	_____



2023 Winter Ontario Youth-Junior Champs - 2/16/2023 to 2/19/2023**Session Report**

Session: 3 Friday Prelims

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	11 Women 18 & Under 200 Freestyle	85	11	08:30 AM	_____
Prelims	12 Men 18 & Under 200 Freestyle	80	10	09:00 AM	_____
Prelims	13 Women 18 & Under 400 IM	20	3	09:26 AM	_____
Prelims	14 Men 18 & Under 400 IM	43	6	09:44 AM	_____
Prelims	15 Women 18 & Under 100 Butterfly	94	12	10:18 AM	_____
Prelims	16 Men 18 & Under 100 Butterfly	117	15	10:37 AM	_____
Break: 15 Minutes: Warm-up/Cool-down					
Finals-S	107 Women 14 & Under 400 Freestyle Relay	0	0	11:14 AM	_____
Finals-S	108 Men 14 & Under 400 Freestyle Relay	0	0	11:14 AM	_____
Finals-S	109 Women 15 & Over 400 Freestyle Relay	12	2	11:14 AM	_____
Finals-S	110 Men 15 & Over 400 Freestyle Relay	13	2	11:23 AM	_____
Finals-S	9 Women 18 & Under 1500 Freestyle	8	1	11:32 AM	_____
	Swimmers Counts for Warm-ups: 369	=====	=====		
	Entry / Heat Totals:	472	62		
	Finish Time			11:52 AM	_____

Session: 4 Friday Finals

Day of Meet: 2 Starts at 06:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	9 Women 18 & Under 1500 Freestyle	8	1	06:00 PM	_____
Finals	11 Women 18 & Under 200 Freestyle	32	4 u	06:20 PM	_____
Finals	12 Men 18 & Under 200 Freestyle	32	4 u	06:33 PM	_____
Finals	13 Women 18 & Under 400 IM	20	4 u	06:46 PM	_____
Finals	14 Men 18 & Under 400 IM	32	4 u	07:12 PM	_____
Finals	15 Women 18 & Under 100 Butterfly	32	4 u	07:36 PM	_____
Finals	16 Men 18 & Under 100 Butterfly	32	4 u	07:45 PM	_____
Finals-1	107 Women 14 & Under 400 Freestyle Relay	6	1	07:53 PM	_____
Finals-1	108 Men 14 & Under 400 Freestyle Relay	5	1	07:59 PM	_____
Finals-1	109 Women 15 & Over 400 Freestyle Relay	8	1	08:04 PM	_____
Finals-1	110 Men 15 & Over 400 Freestyle Relay	8	1	08:09 PM	_____
	Swimmers Counts for Warm-ups: 222	=====	=====		
	Entry / Heat Totals:	215	29		
	Finish Time			08:14 PM	_____



2023 Winter Ontario Youth-Junior Champs - 2/16/2023 to 2/19/2023**Session Report**

Session: 5 Saturday Prelims

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	19 Women 18 & Under 100 Freestyle	117	15	08:30 AM	_____
Prelims	20 Men 18 & Under 100 Freestyle	124	16	08:52 AM	_____
Prelims	21 Women 18 & Under 200 Butterfly	42	6	09:13 AM	_____
Prelims	22 Men 18 & Under 200 Butterfly	66	9	09:32 AM	_____
Prelims	23 Women 18 & Under 100 Breaststroke	111	14	09:58 AM	_____
Prelims	24 Men 18 & Under 100 Breaststroke	139	18	10:22 AM	_____
Break: 15 Minutes: Warm-up/Cool-down					
Finals-S	111 Women 14 & Under 200 Freestyle Relay	0	0	11:07 AM	_____
Finals-S	112 Men 14 & Under 200 Freestyle Relay	0	0	11:07 AM	_____
Finals-S	113 Women 15 & Over 200 Freestyle Relay	15	2	11:07 AM	_____
Finals-S	114 Men 15 & Over 200 Freestyle Relay	24	3	11:11 AM	_____
Finals-S	18 Men 18 & Under 1500 Freestyle	16	2	11:18 AM	_____
	Swimmers Counts for Warm-ups: 508	=====	=====		
	Entry / Heat Totals:	653	85		
	Finish Time			11:57 AM	_____

Session: 6 Saturday Finals

Day of Meet: 3 Starts at 06:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	18 Men 18 & Under 1500 Freestyle	8	1	06:00 PM	_____
Finals	19 Women 18 & Under 100 Freestyle	32	4 u	06:19 PM	_____
Finals	20 Men 18 & Under 100 Freestyle	32	4 u	06:28 PM	_____
Finals	21 Women 18 & Under 200 Butterfly	32	4 u	06:35 PM	_____
Finals	22 Men 18 & Under 200 Butterfly	32	4 u	06:50 PM	_____
Finals	23 Women 18 & Under 100 Breaststroke	32	4 u	07:03 PM	_____
Finals	24 Men 18 & Under 100 Breaststroke	32	4 u	07:12 PM	_____
Finals-1	111 Women 14 & Under 200 Freestyle Relay	6	1	07:21 PM	_____
Finals-1	112 Men 14 & Under 200 Freestyle Relay	8	1	07:24 PM	_____
Finals-1	113 Women 15 & Over 200 Freestyle Relay	8	1	07:27 PM	_____
Finals-1	114 Men 15 & Over 200 Freestyle Relay	8	1	07:30 PM	_____
Finals	115 Women 800 Freestyle Relay	6	1	07:33 PM	_____
	Swimmers Counts for Warm-ups: 262	=====	=====		
	Entry / Heat Totals:	236	30		
	Finish Time			07:44 PM	_____



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Session: 7 Sunday Prelims

Day of Meet: 4 Starts at 08:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	25 Women 18 & Under 200 IM	90	12	08:30 AM	_____
Prelims	26 Men 18 & Under 200 IM	86	11	09:07 AM	_____
Prelims	27 Women 18 & Under 200 Backstroke	60	8	09:38 AM	_____
Prelims	28 Men 18 & Under 200 Backstroke	62	8	10:04 AM	_____
Prelims	29 Women 18 & Under 400 Freestyle	40	5	10:28 AM	_____
Prelims	30 Men 18 & Under 400 Freestyle	52	7	10:55 AM	_____
Break: 15 Minutes: Warm-up/Cool-down					
Finals-S	117 Women 14 & Under 400 Medley Relay	0	0	11:44 AM	_____
Finals-S	118 Men 14 & Under 400 Medley Relay	0	0	11:44 AM	_____
Finals-S	119 Women 15 & Over 400 Medley Relay	9	2	11:44 AM	_____
Finals-S	120 Men 15 & Over 400 Medley Relay	9	2	11:56 AM	_____
Swimmers Counts for Warm-ups: 328		=====	=====		
Entry / Heat Totals:		408	55		
Finish Time				12:06 PM	_____

Session: 8 Sunday Finals

Day of Meet: 4 Starts at 06:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	25 Women 18 & Under 200 IM	32	4 u	06:00 PM	_____
Finals	26 Men 18 & Under 200 IM	32	4 u	06:15 PM	_____
Finals	27 Women 18 & Under 200 Backstroke	32	4 u	06:28 PM	_____
Finals	28 Men 18 & Under 200 Backstroke	32	4 u	06:43 PM	_____
Finals	29 Women 18 & Under 400 Freestyle	32	4 u	06:58 PM	_____
Finals	30 Men 18 & Under 400 Freestyle	32	4 u	07:21 PM	_____
Finals-1	117 Women 14 & Under 400 Medley Relay	5	1	07:43 PM	_____
Finals-1	118 Men 14 & Under 400 Medley Relay	5	1	07:49 PM	_____
Finals-1	119 Women 15 & Over 400 Medley Relay	8	1	07:55 PM	_____
Finals-1	120 Men 15 & Over 400 Medley Relay	8	1	08:01 PM	_____
Swimmers Counts for Warm-ups: 214		=====	=====		
Entry / Heat Totals:		218	28		
Finish Time				08:07 PM	_____

